



# Other Specified Feeding or Eating Disorder – Atypical Anorexia Nervosa

In the Diagnostic and Statistical Manual of Mental Disorders, fifth edition, text revision (DSM-5-TR), changes were made to the atypical anorexia nervosa example under other specified feeding or eating disorder to increase clarity and avoid misclassification.

## Rationale for Change

During the text revision of DSM-5-TR, the sentence: “individuals with atypical anorexia nervosa may experience many of the physiological complications associated with anorexia nervosa” was added to the description of the atypical anorexia nervosa example to clarify that the presence of physiological consequences during presentation does not mean that the diagnosis is the (typical) anorexia nervosa.

DSM is the manual used by clinicians and researchers to diagnose and classify mental disorders. The American Psychiatric Association (APA) will publish DSM-5-TR in 2022.

APA is a national medical specialty society whose more than 37,400 physician members specialize in the diagnosis, treatment, prevention, and research of mental illnesses, including substance use disorders. Visit the APA at [www.psychiatry.org](http://www.psychiatry.org). For more information, please contact APA Communications at 202-459-9732 or [press@psych.org](mailto:press@psych.org).

© 2022 American Psychiatric Association



Order DSM-5-TR and related titles  
at [www.appi.org](http://www.appi.org)